WARTBURG
TRUMPET
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Celebrating 100 Years of Excellence
February 13, 2006

Graphic by Sayumi Abe / Photos by Sarah Jones/*TRUMPET*

The student body will vote for the next president/vice president, treasurer and recorder Tuesday via eVote. Candidates for any position need a 50 percent majority plus one vote, and with four presidential tickets and four treasurer candidates, a Feb. 21 run-off election is likely. Junior Amanda Pullin is the sole recorder candidate and is expected to win the uncontested position. Students can vote at evote.wartburg.edu. Laptops will also be available outside the Mensa Tuesday from 11 a.m. to 1 p.m. and 5 to 7 p.m.

Wartburg West

Winter numbers increase

By ALAN SIMMER
Assistant News Editor

The application numbers for Wartburg West held steady this year but showed an unusual preference for Winter Term.

In all, 66 students applied. Twenty students applied for summer, nine for fall and 37 for winter. Each session has a limit of 20 students.

"We're very pleased with the overall number of applicants but somewhat puzzled and befuddled by the distribution of the fall/winter applications," co-director of Wartburg West Nelson Bock said.

However, the Wartburg West committee is "very pleased that the interest is at the level it's at," assistant professor of education Kevin Fiene said.

According to Jo Dorrance, internship coordinator for the Center for Community Engagement, 15 to 20 students typically apply for each session. "We would have wished that the applicants had been more evenly represented for fall and winter so that we could accommodate everyone," she said.

Students and their advisers were asked to reconsider the session applied for, and some students were able to switch from the crowded winter section. This has created some worry amongst applicants like junior Katelyn Hemingson.

"I've wanted to go to Wartburg West since freshman year," she said. "I want to learn to live in a big city."

The application process has typically been a competitive process, but the recent lower interest had eliminated that need. The interviews for the applicants have already been completed, and the committee will notify the students within a couple of weeks.

"It's a great program that we just love to see students capitalize on," Fiene said.

Students with questions about the Wartburg West program can e-mail Jo.Dorrance@wartburg.edu or call Ext. 8698.

E-mail Alan Simmer at Alan.Simmer@wartburg.edu

Honor Council's fate unsure

By ALAN SIMMER
Assistant News Editor

Honor Council's entry into the Senate bylaws is still uncertain. On Feb. 2, Student Senate voted down a resolution that would have solidified Honor Council as a permanent organization on campus.

The resolution was assigned to the Political Action Committee (PAC) on Jan. 27 and came back to Senate with some unexpected amendments, according to senior Emily Barnd, Honor Council co-chair and senator. She was surprised "mostly that there were any" changes to the resolution.

Senior Todd Stanhope, chair of PAC and senator, saw it differently. "We identified Honor Council as not reaching the potential it should," he said.

PAC brainstormed ways to increase Honor Council's presence on campus. They then proposed that the academic ombudsperson be added as a co-chair to hold Honor Council more accountable to Senate. This move would have increased the number of members on the council from eight to nine.

"I thought that was an inappropriate addition," Barnd said. Honor Council "really relies on the grandfathering in of people." One co-chair is always a year younger, and Barnd was concerned that the academic ombudsperson would have to be trained anew each year.

Since the resolution failed to get the needed two-thirds majority vote, a new resolution will have to be proposed or a motion made to continue discussion on the defeated measure.

It is important that Honor Council be in the bylaws to make a "statement that academic integrity is something we believe in and we support," Barnd said.

Senate has long been looking for a way to increase Honor Council's prominence on campus. It has handled only one case of academic dishonesty in the six years since its inception.

"We can't tell the faculty to use us," Barnd said. "I hear a lot of talk but I don't hear any concrete ideas. I would love to hear them."

E-mail Alan Simmer at Alan.Simmer@wartburg.edu

Looking back at Commission Wartburg

By NICK PETAROS
Managing Editor

Peeling the Orange
Part one of a three-part series on Commission Wartburg

Over the last five years, Wartburg has experienced an "Extreme Makeover: College Edition." With its final project, a new wellness center, to begin construction in March, the era of Commission Wartburg will reach its conclusion in October 2007.

Commission Wartburg, as defined by President Jack Ohle, is the institution's strategic plan relating to all aspects of the college. Complementing Commission Wartburg is Campaign Wartburg, a fundraising campaign to accomplish some of the goals of the strategic plan.

Both the commission and campaign will have a lasting impact on the institution. In the span of six years, the college has completed a new football field with NCAA-compliant track, student union, residence hall, campus entrance, massive landscaping project, theater and handicapped-accessible security office.

The foundation of Commission Wartburg dates back to 1998 when the Board of Regents Chair Fred Hagemann felt Wartburg needed to become more competitive with its peer institutions.

"We had to differentiate ourselves," Hagemann said. "The competition for students is brutal. ... We had to change our vision."

In seeking a replacement upon the retirement of President Robert Vogel, Hagemann found Drake University's vice president for advancement Jack Ohle was someone that could make his visions a reality. According to a Harvard Graduate School of Education study titled "Campaign Wartburg" written by Jared L. Bleak, Hagemann realized that massive changes would come with a "hefty price tag." He also knew Ohle had been instrumental in the success of two capital campaigns at Drake that raised $131 and $190 million dollars.

"President Ohle really brought the idea of a commission and presented it to the Board," Hagemann said. "The Board studied the whole idea of a commission; it was really intended to provide a roadmap and set the stage for a strategic plan for the future of the college."

See Commission — continued on Page 4

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A letter to George W.

By COREY HELLAND
Columnist

Dear President Bush,

I'd like to congratulate you on yet another selfless proposed federal budget. Your handling of the nation's finances is amazing once again. When it comes to spending, you keep the nation's safety in mind, for you said in your budget message: "My administration has focused the nation's resources on our highest priority—protecting our citizens and our homeland." You weren't kidding!

Knight Writer

The proposed seven percent increase for the Department of Defense would give the Pentagon $439 billion before adding on the $50 billion you're requesting in order to continue the war in Iraq. Don't forget that 14 percent increase for foreign aid. It's all needed, however, for this money is necessary to protect America, a nation that has never fought a foreign war on its own soil.

Meanwhile, the citizens you're protecting are left to fend for themselves. When you suggested the $3.5 billion cut in education—an area where Americans are already behind in the global spectrum—I gave you a standing ovation. No teachers ain't never learned us nothin' anyhow.

Then there's the ingenious five percent cut in crop payments to farmers. Our farmers never face the chance of financial ruin, so why give them any extra help? I'm not going to even get into the $36 billion cut in Medicare over the next years. That's self-explanatory, President Bush: It's better to kick those sick folks while they're down.

Some of your critics say it's ironic that the Department of Defense's budget has increased 48 percent since 2001, yet you still propose the largest cut to education since the department was created 26 years ago. I say that's darn good financing. With all the money going to defense, surely our borders are secure as ever. No terrorists or illegal immigrants will be able to sneak into America now!

Really, though, the highlight of your proposed budget is the continued deficit spending. What's more American than borrowing a little money? And with the forecasted $423 billion deficit for this year, who's more American than you, Mr.. President? I'm honestly not concerned that the national debt has increased an average of $2.14 billion a day since Sept. 30. I'm not even worried that the current debt ceiling is $8.184 trillion and we're expected to surpass that amount in mid-February, which is right now. Heck, I'll probably be dead before I have to worry about the nation going bankrupt.

Anyway, the point of this letter, President Bush, is that I've decided to base my post-college budget on your 2007 federal budget. I always say if it's good enough for America, then it's good enough for me.

First of all, I'm going to pay the bare minimum payment on my student loans. I'm already in debt, but, as you've made perfectly clear, education is not important in America. Plus, apparently it's OK to be in debt.

Following those lines, I'm also going to get as many credit cards as I possibly can. I'm going to buy a car with a credit card. And then I'm going to pay off that credit card with another credit card. As long as I have credit, I'll be OK. And when I run out, I'll ask for more just like you're going to do.

Healthcare will be an issue, since I won't be on my parents' insurance anymore, but I should be fine. If you don't think it's worth giving funds, then I should be alright without it.

The final step to make my post-college budget complete is security. I'm getting alarms, cameras, motion sensors, flashing lights, bullet-proof glass and some really cool lasers. The multi-million dollar setup will make my one-room apartment ultra safe.

Well Mr. President, I should let you get back to making our nation a better place. Thanks again for your financial guidance!

Your buddy, Corey Helland

E-mail Corey.Helland at Corey.Helland@wartburg.edu

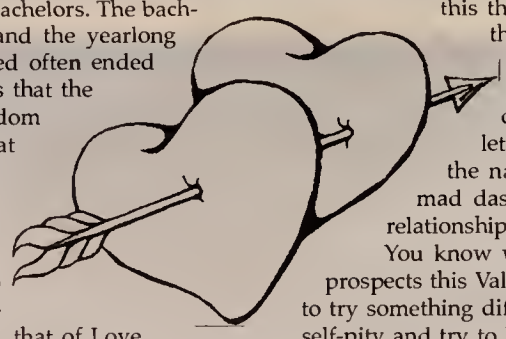
Pondering love before Valentine's Day

By DAVID KORDAHL
Columnist

More than a billion cards and 180 million roses—Valentine's Day is coming, which means many of us are depressed. To be fair, I can go nowhere on campus without seeing people cozily paired; they must be the happy ones who benevolently contribute to the rose and greeting card producers.

But those of us who are not buying roses or sending Valentines are plunged into a state of sustained melancholy that is unmediated by the sight of happiness elsewhere. I know several people who plan to sit alone in their dorm rooms on that accursed night, pondering and drinking until they can do so no longer. Others will remain overly sober, wearing black and moaning to comrades who will moan back, a celebration of singleness that is even more tedious to experience than to describe. Everyone involved will experience a hangover.

Who would invent such a holiday? According to a History Channel sound byte, it was another effort of the Roman Catholic Church to absorb another religion. The Romans had a purification rite that somehow involved a blood-dipped goat, but the romantic part of the ritual happened later in the day when the young, unmarried ladies would put their names in an urn to be drawn by the bachelors. The bachelors drew names, and the yearlong pairings that followed often ended in marriage. It seems that the RCC found the random mating as somewhat unchristian, and Valentine's Day was set up as an antidote.



As I sit alone writing this, I begin to question the foundation of the valentine, that of Love, capital L. It is interesting that the random coupling method worked for many of the Romans. Might they, too, have experienced almost the same thing as our modern valentines? Is love not so unique that it requires a special person?

I do not have the broad experience to say for certain, but it seems to me that Love as a greeting card stylus is based not at all on a person, but only on an idea. Like the art of young Romeo, who "kissed] by the book," Valentine's Day is a tradition that celebrates a meaning of Love that has everything to do with form and little to do with function. Instead of being based on the ideal of a specific lover, the depression of Valentine's Day has to do with not having a date—and any date would do. Ironically, this thinking is similar to that of the Romans, whose custom valentines were meant to smother. Instead of blood-dipped goats, we have scarlet greeting cards. Instead of the names in urns, we have the mad dash to form another pre-fab relationship.

You know what? I am single with no prospects this Valentine's Day, but I'm going to try something different. I'm going to forget self-pity and try to look at things idealistically. Although I realize that the form of Love and the actuality of specific love may be identical, I'll lie to myself and say that it is person-based. That way, when I listen on Valentine's Day to someone dressed in black moaning the chant of unchosen singleness, I won't have to moan back. I'll let my mind wander toward an undefined lover and pretend that my sustained melancholy is about a different subject altogether.

E-mail David Kordahl at David.Kordahl@wartburg.edu

Funerals are not the place for politics

By JON PALMQUIST
Columnist

In January, we took a day to honor the life of a great American, the Rev. Dr. Martin Luther King Jr. Little mention was ever made, though, about the amazing things his wife Coretta Scott King did, as well. She died Jan. 30, just weeks after the recognition of the great accomplishments of her husband.

This past week, King's funeral was held in Atlanta. Though this should have been a time to honor the life of a great citizen, much of the attention focused on current politics and directed attention away from the great life she lived.

Many important civil rights and political leaders, including four presidents, attended the funeral, along with a crowd of more than 10,000 people—an incredible showing to recognize an incredible figure in America.

The service was four hours long and filled with remarks about the lifetime she spent seeking to bring racial equality to this nation, continuing the noble cause of her husband. But beyond the remarks about the great accomplishments of her life, there were those who, disappointingly, used the service as a platform for political commentary.

Using a funeral as a means to call for change and to unite people behind the cause for which King worked so hard would have been nothing less than honorable. The comments made at King's funeral reached beyond the lines of racial equality and into today's political fray. Quotes like Dr. Joseph Lowery's, "We know there were no weapons of mass destruction over there, but Coretta knew and we knew there are weapons of misdirection right down here", refer to the policies of current President Bush. Former President Jimmy Carter also made comments directed at Bush.

> "The use of a funeral to make a political stance is exceedingly disrespectful."

The use of a funeral to make a political stance is exceedingly disrespectful. This was a woman who worked with each of the presidents in attendance to bring about change in America. Instead of acknowledging and praising King's efforts, there were attacks made in the face of those who were present at her funeral.

But in light of the misdirection at this funeral, there were also some who focused on the life of faith and service King lived out. She spent her life striving for the same racial equality her husband worked for. Eventually she was responsible for the development of Martin Luther King Day to bring remembrance to the life of her husband and his cause. She was also a strong advocate of bringing the South African apartheid to an end.

The use of a ceremony designed to remember the life of a great person for political commentary is despicable and disrespectful. Funerals are for the remembrance and celebration of the deceased, not for personal gain or promotion of individual causes. Instead of focusing on the political rhetoric, it is important to focus on the great achievements made by a great American like King.

E-mail Jon Palmquist at Jon.Palmquist@wartburg.edu

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TRUMPET OBJECTIVES
The Trumpet is committed to accurate, fair and comprehensive coverage of campus events and issues that affect the Wartburg community.

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Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing. Letters must be signed, fewer than 250 words, submitted by 5 p.m. Thursday and related to current issues involving the Wartburg community. Letters may be sent to the communication arts office or e-mailed to trumpet@wartburg.edu. Please type "Letter to the Editor" as the subject line. All publication is at the discretion of the Editor.

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CONTACTS
Trumpet office 352-8676

Protecting our freedom?

By JUSTIN STOLL
Guest Columnist

Things have become increasingly unclear in the last few years when it comes to politics and conflict at home and abroad. There is so much news being thrown at the casual reader or listener that it is no surprise when some things happen to slip by.

Certainly the news of the first free Afghani election in 50 years hit home. And the news of an Iraqi constitution being ratified by almost 70 percent of the populace was advertised. Also, as Trumpet columnist Jon Palmquist recently noted, we have been lucky enough to go more than four years without news of a direct attack on U.S. soil. This is positive no matter what way you look at it.

What is not so good news are stories that indicate a decline in respect for the personal freedoms of our own citizens and for citizens of the world. The attitude that someone else's personal freedoms are worth sacrificing for the perceived safety of the whole has become prevalent in unexpected places like churches, college campuses and the U.S. Congress. Human rights abuses abound in countries with which the U.S. actively trades and supports, like China and Russia, in exchange for support in the war effort.

The time after 9/11 was understandably frightening for this country's leadership and people. During that time a decision was made among politicians to support security measures that would never have passed before that tragedy.

The major change in domestic security was the USA PATRIOT Act, a bundle of changes in the powers of U.S. law enforcement. Included among them were needed enhancements to airport security, communication between security agencies and funding for the victims of terrorist attacks. These seem to be reasonable approaches to make the U.S. more secure.

The act also empowers the Justice Department to detain people suspected of involvement in terrorist activities for as long as necessary, without the right to trial. A Jan. 24 Reuters article discusses four men from Egypt who joined a suit with 1,200 other Muslim men against the U.S. government for detaining them over several months. These men were sent home after months of confinement, painful mistreatment and no contact with their lawyers or families. They were released without any terror-related charges pressed.

Perhaps that is a necessity for protecting our people, like the retention of several thousand people on the U.S. base at Guantanamo Bay since 9/11 and requisite monitoring of foreigners studying and working here. These must simply be among those few "al-Qaeda cohorts" whose liberty Mr. Palmquist was so ready to give up in his recent column.

If those are the few whose human rights are sacrificed for the safety of the majority, then so be it. The purpose of the government is to defend the country's citizens first, even if it ignores the United States' obligation to the Universal Declaration of Human Rights and all the bluster about spreading freedoms around the world.

This might be where the secret Foreign Intelligence Surveillance Act (FISA) court comes in. According to the Electronic Privacy Information Center, FISA court has the ability to okay roving wiretaps, personal searches and seizures, and audio surveillance for evidence deemed necessary to fighting terrorism, whether or not a U.S. citizen is involved and without ever serving a warrant. Perhaps if no one knows it happened, it's not an invasion of the right to privacy.

These wiretaps can be placed on public access computer terminals and Internet stations like Internet cafes and college libraries as well as cellular and land phones connected in some way with "suspect groups." This requires a court warrant that can be made available almost immediately in an emergency from a court that has denied only four requests in three years.

That must not be easy or quick enough because the President gave an executive order in 2004 requesting another intelligence group begin spying on transnational communications of individuals possibly connected with a terrorist group. This request involved no oversight from the courts or Congress, or even any awareness on their part until the New York Times broke the story Dec. 16 after waiting a year by government request.

The National Security Agency (NSA), created and governed exclusively by the executive branch since 1981, is now working to find terrorists at home. The NSA has never been utilized for work inside the country until now. Work inside the borders has been the field of the FBI, while the CIA operates abroad and the NSA monitors outside enemies' communications. They bring with them overwhelming power.

The NSA is the largest in size and budget of any U.S. intelligence agency and has been connected with a group named ECHELON, allegedly capable of intercepting any communication on Earth. The NSA leadership, employee numbers and spending are completely unknown outside the walls of its Maryland headquarters. Its director, a military general, reports to the president, as commander in chief. As part of the group UKUSA, it intercepts every single international communication entering the U.S. If the NSA wants to hear your conversation with your mom or read your e-mail to a friend studying abroad, it certainly can.

Why would it? Maybe the question should be "Why shouldn't it?" The president's executive order has taken the NSA outside the realm of FISA and the agency's own directive that strictly prohibits this kind of spying. The executive branch is the only one overseeing the NSA's work in a government built with checks and balances to avoid this. Yes, there remains a threat abroad with which the government is forced to contend, and it has the tools to do this within the scope of law and without unbalancing the powers that hold this system up.

Some say terrorists will take away our freedom to speak out, to come together and share beliefs and to be safe and secure in our own homes. Some go as far as to say that a few compromises of our personal rights and the natural human rights that we claim exist for everyone now will ensure this country's independence and the betterment of the world over the long run. Nothing will ensure the opposite more quickly.

> "Enemies of this country are denounced for being lawless, tyrannical and fighting outside the conventions of war. Will fear drive the United States to that level?"

Here is a reminder from a man with experience: "Voice or no voice, the people can always be brought to the bidding of the leaders. That is easy. All you have to do is tell them they are being attacked and denounce the pacifists for lack of patriotism and exposing the country to danger. It works the same in any country." That was Hermann Goering, Nazi Reich Marshal and creator of the Gestapo.

To give up the over arching laws that maintain our democracy, or to change them out of fear or for expediency's sake, is a dangerous path on which to be. Enemies of this country are denounced for being lawless, tyrannical and fighting outside the conventions of war. Will fear drive the United States to that level?

To terrorize is the use of fear to create chaos and change, whether from foreign enemies or an intrusive government. Terrorism succeeds when a government feels it can stop listening to the citizens' demands and start listening to their voicemails, and when the people decide that it's OK.

E-mail Justin Stoll at Justin.Stoll@wartburg.edu

Democracies not all equal

By DELFORD DOHERTY
Columnist

After the 9/11 attacks, President George W. Bush crafted an all-American crusade for world democracy, especially in the Middle East, in an attempt to restore world peace and introduce Western (American) ideals to the dark continents.

Bush, who had become an expert on Middle Eastern culture a few years ago after interacting with Saudi princes in the oil industry, believes that a democratic liberation of the Middle East is not only a moral responsibility (liability) to America, but will also be a strategic win for America in the War on Terror.

This ideology (or fanaticism) was first tested in Afghanistan during the expulsion of the Taliban and pursuit of Osama bin Laden. After days of bombardment, "peace" was restored; the Afghans were liberated from their "uncivil rule," and were "born-again" into the brilliance of the "American Ways." In proof of this transformation, the Afghans rallied to the polls in the following months to elect their leaders, and alas, a new democracy was born, and the Bush prescription for world peace (democracy) was at work.

In acclamation of his success, with pride and heroism, Bush called for the people in the Middle East to resist oppression and join the rest of the world in the democratization process. The Palestinians heard, they responded and they succeeded!

Two weeks ago the Palestinian people, joining the democratization process, went to the polls to vote for their leaders. After the electoral process, which was pronounced "free and fair" by United Nation inspectors, HAMAS, a known (or renowned, depending on perspectives) "terrorist" organization (with primary activities geared toward opposing the Israeli occupation and the establishment of a Jewish state) won the election by a landslide victory, thus "democratically" taking over the Palestinian Senate.

Oops! The people have spoken through the democratic process, and they have chosen "terrorists" to lead their nation. Fait accompli, Commander Bush! It looks like Mr. Bush's over-the-counter drugs for world peace have major side effects, and therefore warrant a major recall.

However, instead of a recall as expected, the commander in chief congratulated the Palestinians for democratically electing "terrorists" and paradoxically tells them that their leadership will only be recognized if (and only if) they refrain from their terrorist activities which primarily involves resisting Israel's occupation and opposing the existence of a Jewish state.

I am not writing to sway you to any side of the controversy between Palestine and Israel, nor am I trying to justify any kind of violence. My concern is to bring to your attention a major flaw in the ideology of President Bush and its consequences.

Being from a country that does not necessarily practice Western democracy makes me concerned about the cultural insensitivity of the Bush prescription for world democracy. I am not arguing against democracy, but against the notion that Western democracy is the only solution to every leadership problem in the rest of the world.

As the story rolls, the Palestinians are left in a double bind to either have a democracy of their own choosing but without U.S. and U.N. aid, or refrain from a democracy of their own accord and get help from America.

Whatever the case might be, in my own perspective, according to the Bush ideals, "All democracies are acceptable, but some democracies are more acceptable than others."

E-mail Delford Doherty at Delford.Doherty@wartburg.edu

ABOUT FACE

What are your plans for Valentine's Day?

Elizabeth Stadie, junior
"My plans are to surprise my boyfriend and bring him a home-cooked meal."

Jimmy Vowel, junior
"Since my girlfriend and I will be busy most of the day, we're going to meet late Tuesday night and go for a midnight stroll on the bike trail."

Karleen Damlo, sophomore
"I'm going to hang Valentine's decorations on my residents' doors."

Mallory Verick, sophomore
"I'm not going to do anything special on Valentine's Day, just go to class and hang out with friends."

Artist Series continues Thursday

By LAURA GREVAS
Assistant News Editor

The 2006 Artist Series continues with Grammy award-winning a cappella group The Bobs who will perform "Rhapsody in Bob" at 7:30 p.m. Thursday in Neumann Auditorium. The Bobs will also lead an a cappella workshop from 5 to 6 p.m. Wednesday in Neumann Auditorium.

"My husband and I saw [The Bobs] in New York.... They were excellent. It really should appeal to students," Myrna Culbertson, Artist Series director, said.

The workshop is free and open to the community. Tickets are free for students and range from $15 to $26 for community. Balcony tickets are available for $10.

The concert is approximately two hours long including intermission and features "Rhapsody in Bob," a reinterpretation of Gershwin's "Rhapsody in Blue." It will be accompanied by pianist Bob Malone, who will provide the only instrumental accompaniment. According to their Web site, "The Bobs use their voice and body for percussion instruments."

"In this case, the singers are accompanying the pianist. There are no words in 'Rhapsody in Bob,'" Culbertson said.

The Bobs began in 1981 when founding members Gunnar Madsen and Matthew Stull found themselves out of work after the singing telegram company Western Onion went out of business. Their first gig was at an open-mic night in a Cuban restaurant and they have since recorded 12 albums. They won a Grammy Award for their arrangement of "Helter Skelter," from their first album, "The Bobs."

Although the members have changed over the years, current Bobs members are Stull, Richard "Bob" Greene, Amy "Bob" Engelhardt and Dan "Bob" Schumacher.

E-mail Laura Grevas at
Laura.Grevas@wartburg.edu

Courtesy photo

JUST BOBBING ALONG—The Bobs members pose with power tools. The Bobs will perform Thursday night in Neumann Auditorium. They use their own bodies and voices for percussions.

Commission became college roadmap

Continued from Page 1

Commission Wartburg kicked off in April of 1999 and was announced at President Ohle's inauguration ceremony.

"Commission Wartburg was designed to engage all our constituents—faculty, staff, students, alumni, community and church—in thinking about the future of Wartburg," Ohle said.

While the commission presented an exciting new set of challenges for both the Board and Ohle, not everyone was excited about the new direction in which the college was heading. The Harvard study under the subheading "A New President and Faculty Anxiety" details faculty concern after Ohle was hired due to his lack of a doctoral degree and business/fundraising background.

In the study one professor said, "No one was naïve enough to think that the horse he [Ohle] rode in on wasn't his ability to raise money. The role of a small college president is really changing. Rather than presidents who are concerned about academic matters, we now have presidents who spend the bulk of their time engaged in fundraising and public relations activities."

During his tenure at Drake and Nebraska Wesleyan, Ohle was involved in planning initiatives also called "commissions." The Harvard study states that the initiatives "were externally oriented and excluded faculty almost entirely in favor of participation by alumni and other constituents."

Concerning the commission at Wartburg, Bleak wrote in his Harvard case study, "Ohle envisioned faculty members would not, by design, be active participants. He believed that significant faculty involvement would make it more difficult to generate the kind of excitement among alumni that was so critical to ultimate success."

Looking back, Ohle summarizes the context of the previous quote.

"It's not the way I would have said it," Ohle said. "The commission process was an external review, not an internal review. There were two things happening at the same time; there was an internal process where the faculty council and the faculty were engaged in the setting the parameters for Commission Wartburg."

The Harvard study went on to mention that Ohle, with support of the Board, began to define the commission's parameters, theme and structure. After the October 1998 Board of Regents meeting, Ohle met with Faculty Council to help define the eight taskforces to look at different needs for the college.

The following taskforces were approved by Faculty Council: academic programs; admissions and financial aid; alumni programs; athletics, recreation, and wellness programs; being a college of the church; facilities and financial management; marketing and college relations; and student life programs.

"You would not want to start into a planning process that didn't involve the faculty, because the faculty ultimately set the academic direction of the institution," Ohle said. "So what you have to do is use the existing governing factor of the faculty to help establish the parameters for the commission study ... this was very new to Wartburg, and generally, it would be fair to say that it can be somewhat threatening to an institution to say to "outsiders" tell us what you think we ought to be doing. We wanted to make sure we didn't open the gates too wide."

The eight task forces consisted of Wartburg alumni and friends who had given $5,000 to the college during their lifetime. They met through the summer and fall of 1999.

The Harvard study points out that Ohle wanted the task forces to operate from an independent perspective and he didn't attend meetings, allowing this to happen. He was informed on the work of the task forces through his assistant and Commission Wartburg executive director Janeen Stewart.

The task forces formed a list of recommendations within their field, which were compiled by Stewart and submitted to the Board of Regents as the final Commission Wartburg report.

"It [Commission Wartburg] gave us a roadmap; it is a strategic plan," Hagemann said. "It is a living plan that is reviewed on at least a semi- or annual basis for completion of the goal. And it's very much of a roadmap still in use by the Board of Regents."

> "Commission Wartburg was designed to engage all our constituents—faculty, staff, students, alumni, community and church—in thinking about the future of Wartburg."
>
> -President Jack Ohle

The Commission Wartburg recommendations were prioritized by Ohle and the executive committee of the Board of Regents as either urgent (within a two-years completion date), important (within a five-year completion date), desirable (within a ten-year completion date and recommendation (of no value or importance to Wartburg at any time). Once the list was prioritized, the executive committee and Ohle began the Campaign Wartburg phase of putting a specific dollar figure on implementing the commission's ideas.

The Trumpet's three-part series "Peeling the Orange" examines the strategic planning, financial impact and vision for the future as a result of Commission Wartburg.

Assistant news editor Alan Simmer and editor-in-chief Allison Schmidt contributed to this story.

E-mail Nick Petaros at
Nicholas.Petaros@wartburg.edu

Follow-up faculty survey examined

By ALLISON SCHMIDT
Editor-in-Chief

On Nov. 14, the Trumpet story "Wartburg Feud" reported results from the national survey conducted by the UCLA Higher Education Research Institute (HERI) in the fall of 2004 which raised concerns regarding faculty satisfaction at Wartburg. To investigate the results of the HERI survey, Faculty Council conducted its own follow-up survey to get a more detailed response.

"From that most recent [HERI] survey, we [Faculty Council] decided to ask the faculty for more specific information," council chair Dr. Susan Vallem said.

Because the HERI survey responses were measured with yes/no and quantitate responses, members of Faculty Council said it was difficult to determine what exactly how faculty members interpreted the questions and chose to respond.

"We went back and looked at areas [of the HERI survey] where we would like to have more information," Vallem said.

The Faculty Council follow-up survey consisted of five open-ended questions that allowed faculty to write a prose response. The council also guaranteed the results would be confidential.

"We guaranteed confidentiality because we wanted a straightforward response," council member Dr. Chip Bouzard said.

Once the surveys were distributed, faculty had about a month to respond before the due date around finals week. According to council members, the survey had a response rate "better than 50 percent." The council is currently assessing the results and said the surveys have been shredded. Vallem said the results were reviewed by "just faculty council."

"[The survey results] did not go to anyone else," Vallem said. "Some faculty members were very candid. ... What we would like to do with this is look at what can we do to make a good college even better."

Council members said one "almost unanimous" thing that came out in the survey was faculty's enjoyment working with students.

Council members said relationships among faculty were an issue, partially due to the college's growth and increasing numbers of new faculty.

"We figured out that close to 50 percent of the faculty have been here for 10 years or less," council member Dr. Stephen Main said. "There's an institutional memory gap, you could call it, and we need to do a better job [culturing] new faculty."

The council said efforts have already been made to improve relationships among faculty.

"Last faculty meeting was turned into a social event," Main said. "The question is going to be what effect that's going to have."

The council said it will continue to assess faculty concerns as an ongoing process.

"There's lots of different people who all have different ideas, and you want to concentrate on a few of those and use those," council member Dr. Roy Ventullo said. "As Faculty Council, I think our job is to put together the best things that are going to happen.... I think coming up with the solutions—the solutions are always the hard part."

E-mail Allison Schmidt at
Allison.Schmidt@wartburg.edu

Roland Ferrie/TRUMPET

CRAFTING LOVE—Sophomores Nicole Erspamer and Marilyn Bindert, senior Rachel Wiedeman and juniors Kim Jacobsen and Sarah Jonak make Valentine's Day cards in the Cardinal Commons with Psychology Club.

Retention up this year

By SARAH GUHL
News Editor

Retention numbers for international students and American students of color are up this Winter Term, according to the office of enrollment management. Overall numbers, by gender and year, are also up or steady.

With the exception of American Indian and Alaskan students, the numbers in all categories for international students and American students of color have increased from last school year. In their case, there were only five students this fall and only one last fall, dropping the rate from 100 percent to 80.

Dr. Edie Waldstein, vice president for enrollment management, said she thinks the numbers for international and minority students are because of the effort Wartburg makes in gaining students who are a good fit, "with the added highlight of the fact that we have two offices dedicated to implementing programs and services for U.S. students of color and international students." Waldstein said the numbers for that category are so small that any loss of students will affect the retention numbers negatively.

The Trumpet was unable to get specific numbers for international student retention.

Linda Wolf, director of international relations, said there are many reasons why international students leave, including climate.

One international student did transfer to Wartburg at the beginning of this term, from a university in Nepal.

The retention of all students from Fall Term to Winter Term is 95.7 percent, up from 95.1 percent last year.

"I am very pleased that we've increased over last year," Waldstein said. "It's the highest since 1999-2000."

There are currently 1,707 students at Wartburg, with 803 men and 904 women.

Some students did leave the college at the end of Fall Term for a variety of reasons. Seventy-three students left, not including those who graduated in December.

"Some students leave because they are looking for a more vocational program," Waldstein said. "Some cite finances. Some are suspended academically. Others just give the general reason of the fit just was not quite right."

For breakdown by class year, the rates for all years are up, with the exception of the junior class.

"I'm particularly pleased with that, especially in regards to first-years," Waldstein said.

For all first-years, the retention rate was up to 91.5 percent from 89.8 percent last school year, while the rate was up to 91.5 percent from 90.5 for first-time first-years, those freshman at college for the first time.

In comparison, the retention rate for sophomores increased from 95.2 to 96.2 percent, the rate for juniors decreased from 98 to 97.5 percent and the rate for seniors increased slightly from 99.4 to 99.7 percent.

"We need to keep pushing that," Waldstein said. "The work on retention is never done. Retention is a very important part of the work that we do at the college." Waldstein said that while 100 percent retention is likely unattainable, it is the goal.

E-mail Sarah Guhl at Sarah.Guhl@wartburg.edu

Retention by the Numbers

Fall '04 to Winter '05		Fall '05 to Winter '06
95.1%	All	95.7%
93.8%	Men	94.1%
96.1%	Women	97.2%
89.8%	Freshmen	91.5%
95.2%	Sophomores	96.2%
98%	Juniors	97.5%
99.4%	Seniors	99.7%

Symphonic to visit Davenport and Bettendorf

By SARAH GUHL
News Editor

Symphonic Band will leave on its annual band run-out at 2 p.m. Saturday. They will play at churches in Bettendorf and Davenport as a large group on Saturday and in small groups on Sunday. This year's run-out was coordinated by junior Annina Rupe, who is from the area.

The band members will stay with host families in the Quad Cities.

"I am so excited about this trip because it is the hometown of my roommate from freshman year, [Rupe]," junior Megan Buege said, "and I get to stay at her house. I'm excited for Annina because it will be so awesome for her to have the band in her hometown."

Run-out is a long-time Wartburg tradition.

"The event has been around for at least 11 years," according to Craig Hancock, director of the Symphonic Band.

"[It] has continued to 'evolve' through that time," he said, "but [the] idea has always been there in my time."

While students are required to attend the run-out, they do enjoy it.

"I like playing for people who have never heard of us, or Wartburg, before," Rupe said, "and I like hearing their reactions and seeing their faces after the concert."

Hancock said that it's very important for students to take part in the annual trip.

"In order to mature in the way they must and continue to feel valued and remain positive, this group needs this time together in this venue," he said. "I guess it would be like a basketball team only playing home games. Being the visiting team is so valuable to the continued growth of the organization."

He also said that the "mini-tour" is important to the recruiting aspect of the department.

Students also like that their friends or others who are unable to hear them in concert in Waverly can see them play.

"This is a great opportunity for my friends that go to school near Davenport to hear the band when they couldn't get to Waverly," freshman Leah Groh said.

The band will return on Sunday.

E-mail Sarah Guhl at Sarah.Guhl@wartburg.edu

Black History Month Fact

Shirley Chisholm:
Chisholm (1924-2005) was the first African-American woman to serve in the U.S. House of Representatives. She had seven terms from 1969 to 1983 as a Democratic representative. She also became the first African-American woman to run for presidential nominee as part of a major party. Chisholm fought for women's and minorities' rights.

Information provided by BSU

Knights want to Know

Q: Is Rich Podhajsky really as scary as he looks in his picture? It seems like his eyes pierce the depths of my soul.
A: "Anyone who crosses my path dies," Podhajsky said. He likes nachos, so he can't be all bad, but this guy makes Chuck Norris look like the Tooth Fairy.

Q: Who chooses the commencement speaker?
A: According to Edie Waldstein, the president's Cabinet makes suggestions and he picks the speaker. No specific criteria are necessarily evaluated.

Send your burning questions to trumpet@wartburg.edu.

CAMPUS BRIEFS

WANT TO BE SERENADED?
Bring $1 to the Mensa on Tuesday from 5 to 7 p.m. The Savannah Service Trip will have a unique mariachi band available to serenade your table.

RAFFLE INFORMATION
Tickets for the Waves of Love raffle will be sold until Thursday. The prize is a painting by junior Matthew Ollendick. The painting can be seen in Student Senate office. Tickets are $1. E-mail wavesoflove@wartburg.edu or call Ext. 8393 if interested.

OFF-CAMPUS APPLICATIONS AVAILABLE
Applications for permission to live off campus next year are now available in the residential life office.

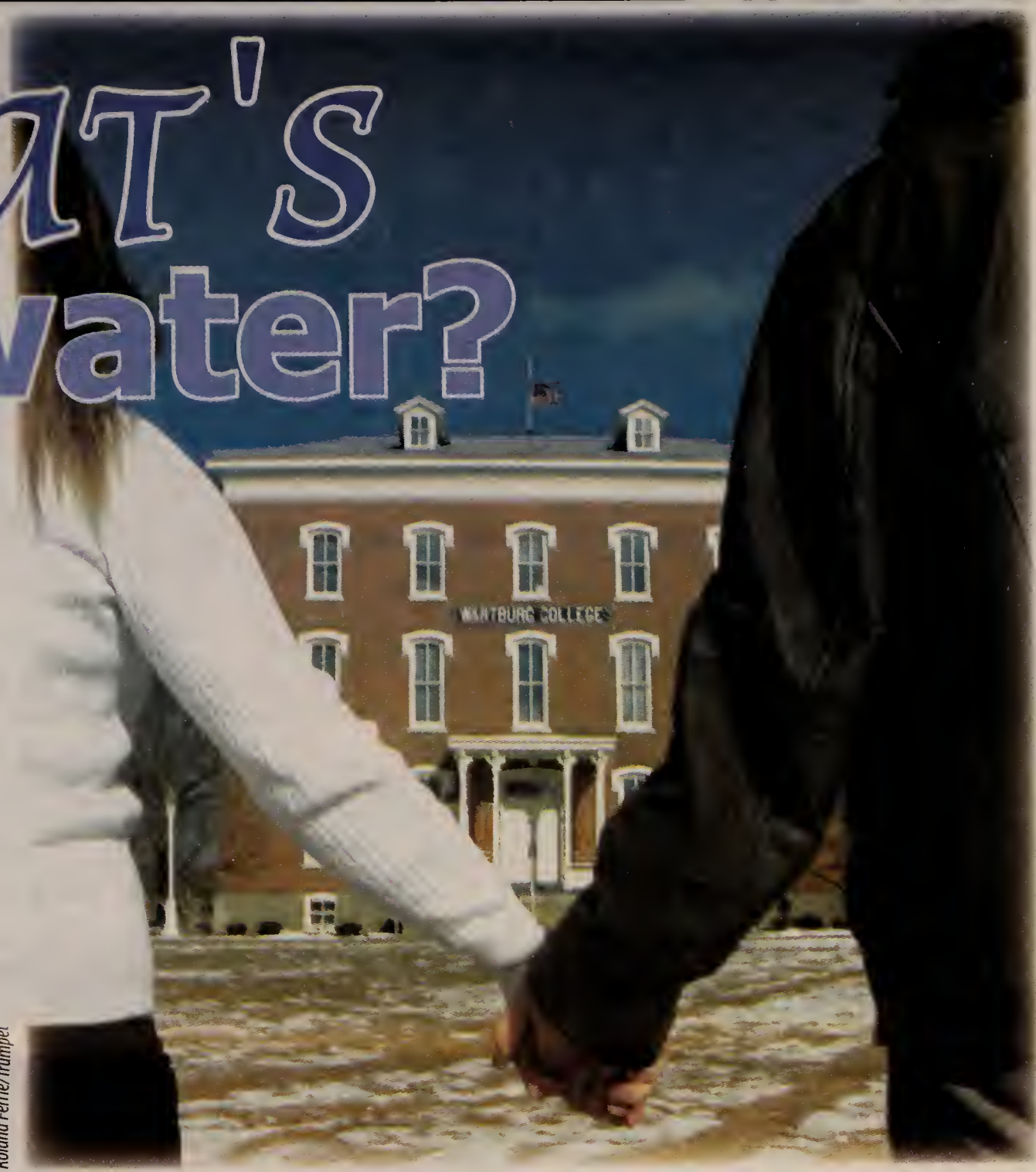
ETHERNET CABLES AVAILABLE IN LIBRARY
Vogel Library is now offering ethernet cables for check out at the second-floor service desk. They can be used to plug laptops into the network connections available all over the library building. Cables may be checked out for two hours and renewed if necessary.

SENIOR CLASS PICTURES NEEDED
Photos for the senior class slide show are needed. E-mail photos to Rachel.Zaccaro@wartburg.edu or send them to Box 835. Please indicate if you would like your photos returned. Copies will be available for sale in May for about $7.

JOB SEEKERS
The winter Career and Internship Fair will be held from 11:30 a.m. to 2 p.m. on Tuesday, Feb. 28 in the ballrooms.

SEXUAL RESPONSIBILITY WEEK
This week is Sexual Responsibility Week on campus. There will be an informational table and "Let's talk about IT" on Monday, "Sex-Tac-Toe" on Tuesday and "Sex Room," an opportunity to have questions answered, on Thursday. Contact Counseling Services at Ext. 8596 or Health and Wellness at Ext. 8436 for information.

What's in the water?



Roland Ferrie/Trumpet

By KATIE MEYER
Staff Writer

Poems, roses, candy, flowers and other tokens are all indicators that the holiday of romance is upon us. There are those who cringe in repulsion, and there are those whose hearts flutter at the mere utterance of the phrase "Valentine's Day." It would also seem that Wartburg College has ties to romance, considering the fact that so many of the students who date on campus eventually get engaged and then married.

Valentine's Day, the pinnacle of romance, gets its name from Saint Valentine. One legend goes back to the third century in Rome, at a time when Emperor Claudius II outlawed marriage of young men, reasoning that single men made better soldiers. Despite Claudius' decree, Valentine, a priest, secretly performed marriages for young couples in love. When Claudius discovered Valentine's actions, he ordered that he be put to death.

According to another legend from www.thehistorychannel.com, Valentine was the first person to send a "valentine." During his imprisonment, for reasons unmentioned, he fell in love with the jailor's daughter. Before his death, he wrote her a love letter signed, "From your Valentine," an expression used to this day.

Romantic connections on campus are everywhere. Chances are that you know of a couple that is engaged. So, is there really something "in the water" here at Wartburg forming all these love links?

Senior Becky Townsley said that she always jokes about there being something in the water here on campus. However, "some people at this age are just ready to take the leap," said Townsley.

Townsley met her fiancé, Russ Goerend '05, through what she called "a random occurrence of events." She said hosting a student forum in February 2004 really brought them together. "We started spending time together and dating a while after that," said Townsley. "We got engaged in November of 2004 and are getting married June 3, 2006, here at the Wartburg Chapel."

Townsley and Goerend had met a number of different ways before February 2004. Goerend and his friends spent every Monday listening to the radio show hosted by Townsley and her brother, "Townsley Time."

"I talked to Russ every Monday night, but I had no idea who he was. But, it's good that we didn't 'meet' officially then because neither of us was ready for a serious relationship. We both had a lot of growing to do, and God didn't bring us together until we were both ready," Townsley said.

When commenting on the reason why she believes so many people find love on campus, Townsley said, "Many people that find love in college are just at the time in their lives where they are ready to commit to someone. But, on the other hand, many people don't see themselves being married until their late 20s or 30s. It's all about being ready and finding the right person."

Senior Carrie Corpstein, whose fiancé is Tim Gearhart '04, said, "I think so many people find love because we have such great people that go here." One memorable event for Corpstein occurred in the bathroom of Joe's Knighthawk on Gearhart's 21st birthday, before they had even started dating.

"I really liked Tim, and so I was gushing about him in the bathroom to my sister, Sarah, when out of nowhere a woman said, 'I don't mean to eavesdrop, but I'm Tim's mom.' Mortified, I said, 'Oh, hi!' It was an embarrassing night for me, but it turned out well. In fact, his parents have taken me in as one of their own, and pretty soon it will be just that!"

Emily Suchy '05 and senior Seth Clarkson are another couple Wartburgians might know. "We actually can't remember when we first met. I remembered someone pointed him out to me at a Campus Ministry function during the first week of classes his freshman year and my sophomore year," Suchy said. "We'd always known who the other was, but then our paths started crossing increasingly last Winter Term." That was when things started.

"I think that there are things 'in the water' at Wartburg to the extent that the academic and social environment at Wartburg facilitates the interaction of meeting some pretty amazing people," Suchy said. Clarkson added, "Personally, I think Emily put something in my water, but what do I know?"

When it came to defining some unique things about the two, Clarkson said, "I could probably make a list of the 'special' and 'unique' aspects of our relationship, but one thing that really stands out to me is that on which we are founded and focused. The center of our relationship is Jesus Christ."

Suchy said that another thing that made their relationship unique was their first date, which involved sculpting cookie dough in Knights Village. When it comes to dating for Wartburg students, Suchy said, "Relationships are precious. Don't mishandle the heart of another; it is a gift."

Contact Katie Meyer at Katie.Meyer@wartburg.edu

the DORK side

By NATHAN COUNTRYMAN

"Top Five Romantic Movies"

Since the Super Bowl is over, the next occasion on many people's minds is Valentine's Day. With that in mind, I thought I'd go through my collection to pick out the most romantic movies I own. I'm sure most guys wouldn't do this, but as a lover of all films I had to.

5. "A Knight's Tale." With Heath Ledger starring in a popular romance about two male cowboys, it's only fitting to take a look back at one of his earlier roles. Set in medieval times, the movie shows that chivalry is something to be respected, while taking a lighthearted look at the life of a knight. Good romance for the ladies, with a lot of jousting and sword fights for the guys.

4. "Edward Scissorhands." While Tim Burton's "Big Fish" has a better love story, Scissorhands is just as moving. While living with the inability to get close to people because of knives for hands, Edward (Johnny Depp) shows he is human and falls for Kim (Winona Ryder). In the end, his love is returned but he is forced into exile due to his differences. A darker attempt at a fairy tale, it has a charm that is undeniable.

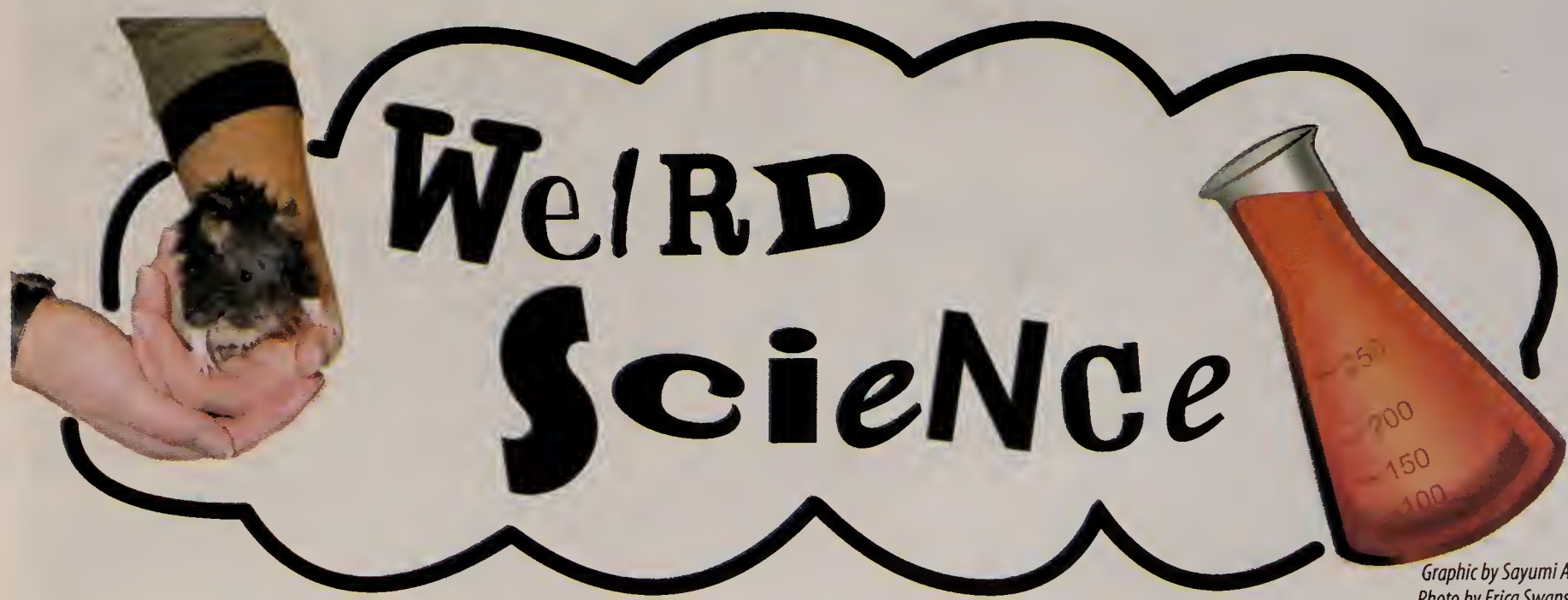
3. "Hitch." Yes, I'm a sucker for Will Smith's crazy antics, but I love the film because of the character of Albert Brennaman (Kevin James). I love the movie, and the characters' plight in finding love seems to mirror my own. It's one of the only Smith movies that keeps me entertained throughout multiple viewings.

2. "Moulin Rouge." Okay, I know this is a musical, but I stumbled across it this past year and I can't get the songs out of my head. Sure, they're songs from the late 80s and early 90s, but every time I hear Ewan McGregor belt out those first few chords of "Your Song," I can't help but feel he sings it better than Elton John. A truly interesting blend of CGI, music and acting, the film is one of my favorite works from years past.

1. "Garden State." This movie tops my list for several reasons. First, it's written by, directed by and stars Zach Braff from "Scrubs." Second, Natalie Portman pulls off a very convincing role and diverse character with Samantha. Third, the tale of trying to find "home" in a world you've grown out of is one almost all college students can relate to. Also, the idea that it only takes four days (or sometimes even less) for someone to change your life is profound. True, the movie's ending is cliché, but who doesn't see it coming or wish it for themselves? If you haven't seen this film as a college student, you need to stop what you're doing and rent or borrow it now.

If you haven't seen any of these films, I suggest spending an evening or two with someone close or a few friends, just to celebrate the holiday with a few laughs, a few tears and some hope for the next year.

E-mail Nathan Countryman at Nathaniel.Countryman@wartburg.edu.



Graphic by Sayumi Abe
Photo by Erica Swanson

By ERICA SWANSON
KnightLife Editor

The Science Center is busy these days. The biology capstone, a monumental research task, has resulted in many hours of work for groups of biology students attempting to pull off the huge projects.

Seniors Alaina Goos and Megan Neiman are studying "the effects of exogenous cannabinoids on ghrelin secretion and eating behavior in rats." In layman's terms, this means the two are observing how much hungrier rats will get if they are injected with the active component of marijuana. Does it really give you the munchies?

To find out, Goos and Neiman are observing two groups of rats- one is injected with the marijuana component, and one is given a neutral injection. They observe the difference between how much the two groups eat and test their blood regularly for levels of ghrelin, an appetite-inducing hormone. The more ghrelin, the more the rats will want to eat.

At first, the group wanted to research the effects of an appetite-suppressing drug, such as the ones found at GNC. "We wanted to do something with rats, food and appetite," Goos said. Their adviser suggested they go the opposite way and select an appetite-inducing drug, so studying the results of marijuana injections seemed to be a good option.

Another group is working with rats, as well. The popularity of the Atkins diet led one group to take a closer look at the effects of the high-protein food on the mind and body. Seniors Emily Pappas and Brooke Rausch decided to take on the challenge of investigating the diet. They are looking at specific aspects, including calorie intake, appetite satisfaction and effects on the kidneys.

They placed 20 rats on a high-protein diet with eight on a normal control diet for comparison. Pappas and Rausch feed them, weigh them and place the rats in metabolic chambers to collect their droppings. Then they test for protein in their rats' blood, a sign of kidney disease. They do not expect to see kidney damage right away, so another group will pick up their research next semester, continuing the experiments for another three years.

Complementing their research is an experiment conducted by seniors Kristen McCaw and Morgyn Beckman, which looks at the results of a high-protein diet on learning. Their procedure tests the rats' learning by having them swim and noting how long it takes them to reach the correct spot in the pool. The rats are guided by signals on the walls to reach an underwater platform.

McCaw and Beckman have named their rats after famous movie pairs, such as Thelma and Louise. They are spending so much time with the rats, "they're basically becoming our children," Beckman said.

Not all of the groups are testing their theories on rats. Seniors Amanda Indra, Ashley Jessick and Marissa Peterson are experimenting with fruit flies to test the effects of mutation on female pheromones.

Their experiment involves six different varieties of mutant flies as well as regular fruit flies. The group tests the pheromones by mating the mutant and regular female flies with regular males. There are six steps of mating that the flies go through, and the group measures how long it takes the flies to complete each step. The faster the mating time, the stronger the pheromone production.

All of the groups did extensive background research before beginning their experiments. They spent fall semester creating research proposals, ordering supplies and reporting their progress to the class. About two weeks after Christmas break, they finally began to experiment.

The process involves a lot of work.

The research "is quite a time-consuming, interesting ordeal," Goos said. All the groups agree that though the class is only worth a half credit, they are putting more time into the projects than they do in any other class.

Every experiment also has had a few glitches and hiccups along the way. Because this is almost everyone's first attempt at large research projects, problems occur just about every day. Sometimes professors had contradicting points of view and therefore gave the groups conflicting advice. The groups' procedures had to be modified because the rats didn't arrive in time, the flies wouldn't mate, equipment broke and one group didn't order enough drugs.

Sometimes the professors offered solutions, but generally, groups would deal with the problems as they came. When the flies wouldn't mate, one professor suggested that the group play Italian opera and get a bottle of cheap red wine. What they actually did was raise the temperature of the room a few degrees.

Some students enjoy the constant additions and complications. "I don't like that the problems happen, but I like the challenge of figuring out how to fix them," Peterson said.

"I've experienced it, so I'm going to be a lot more confident," McCaw said. By preparing students for graduate-level work, Wartburg's biology program is a step ahead of those at other institutions. "My friends from other college programs, they don't do research like this," Beckman said.

After their experiments are complete, the groups will share their findings at the senior poster presentation this spring.

Contact Erica Swanson at
Erica.Swanson@wartburg.edu

GET TO KNOW ME

Featuring the faces of Wartburg College

Broderick "B.T." Tolbert, senior

Get to know the senior communication arts: electronic media major recently crowned Mr. Wartburg 2006.

AGE: 21. **HOMETOWN:** Chi-town (Chicago, Ill.) **LIVES:** Founders Hall. **WORKS:** Security and odd jobs. **FREE TIME:** Take care of business. Watch movies. I also enjoy a good game of Battleship. Chilling with Tasha is always fun! I like playing sports and video games. **FOOD:** I love to order the "Take Two" at Applebee's with steak and chicken. I like Sloppy Joes. **READING:** My favorite book is "Curious George." I also like "The Testament" by John Grisham, "Black Boy" by Richard Wright and "The Purpose Driven Life" by Rick Warren. **MOVIES:** "The Program," "A Bronx Tale" and "Braveheart." **TV:** I love watching syndicated shows like "Fresh Prince" and "Martin." **ADVICE FOR LIFE:** Do your best and then do some more. **COULDN'T LIVE WITHOUT:** Tasha, PS2, my family and my Toto. **BEST PART ABOUT LIFE AT WARTBURG:** The genuine and compassionate people that you meet every day that take you under their wing and treat you as if you were their son or daughter. The people at Wartburg could treat you as if you were just another number at a huge university, but they choose to be available to the students whenever we need them.

Who do you want to get to know? E-mail trumpet@wartburg.edu.

— Compiled by Editor-in-Chief Allison Schmidt

Sharing the gift of dance

Courtesy photo

BELLY DANCER— Freshman Pamela Sejnaui wears a sequined costume she uses for her performances.

By ELIZABETH HANCOCK
Staff Writer

Freshman Pamela Sejnaui debuted her belly dancing talents to a Wartburg audience at Kastle Kapers during Homecoming last fall.

However she first learned belly dancing from watching her mother, who has a dance academy in Colombia. Sejnaui began dancing at age 8 and continues to have a passion for it. She has even given lessons at her mother's studio.

Her enthusiasm led her to offer a belly dancing class last term.

Sophomore Kate Franklin participated in Sejnaui's class. "Pamela is a patient and knowledgeable teacher," Franklin said. "It's a definite workout, and it makes you feel more conscious of your body and of controlling different groups of muscles that you don't usually use every day."

Another of Sejnaui's students, sophomore Kayla Becker said, "It was a lot of fun because it was something different that I had never tried before. You could tell she has a passion for dancing and that made class even more fun."

Sejnaui uses belly dancing as both exercise and a stress reliever.

"When I get stressed, I play music and dance," Sejnaui said. "The repeated movements help relieve stress. It helps you explore your femininity. It's sensual, not sexual. People have that misconception."

Sejnaui enjoys the passion she holds for the dance the most. "The pounding of the drums make my hips move," she said. "At the sound of Arab music, which is a thrill for my ears, my body responds to the rhythm, and I start moving, weaving my entire feminine figure into a sensuous pattern where my shoulders are at the same pace of my hands and my hips follow the drumbeats."

According to Sejnaui, belly dancing is a freestyle dance, but does have a few rules. The hands must move slowly at all times, while the hips maintain the rhythm of the beat. Therefore, coordination is necessary in order to allow the hips to move fast while the hands and arms move in a slow, harmonious fashion.

"It is like a thread. It flows through your body, but you are moving at different speeds," Sejnaui said. "That's the most difficult part."

Sejnaui believes anyone can learn to belly dance. When she teaches she starts with the essentials, including how to move your hips without moving your legs.

Belly dancing allows the dancers to explore their chakras, the seven energy centers in the body. Belly dancing especially focuses on the one located on the pelvis, called the sacral chakra. It relates to emotion, sensual capacity and creativity.

Sejnaui said every part of the body moves during belly dancing. Dancers must communicate with the audience using their eyes. If Sejnaui is getting ready to move her hips fast, she will start moving her hands down to her hips and also move her gaze down. This tells the audience to look at her hips because something different is about to happen.

Sejnaui plans to offer more belly dancing classes this term. She will hold a second-level class for her original students and another first-level course for beginners. More information about the classes will be available in the Page.

Contact Elizabeth Hancock at
Elizabeth.Hancock@wartburg.edu

Unexpected connection forges a family

By ANDREA SCHILTZ
Guest Writer

A big bulldog answers the door at the duplex just two blocks west of Wartburg. Past the entryway and the orange kitchen, guests are welcomed by the residents. Three men call this duplex home and refer to each other as family.

Chris Biechler, Nick Neuendorf and Nathan Trainor have been living with each other for eight months now. Trainor, a 21-year-old student at Wartburg, has multiple disabilities and is spending his first year away from his home. Biechler and Neuendorf are in their early 20s and are not disabled.

While working at the bank, Biechler began speaking to Trainor's mom, Jean Trainor, and soon became interested in living with Nathan and helping him achieve the dream of living in his own place.

Neuendorf had previously been working with autistic young males and was looking for a chance to come back to his hometown area. After hearing about the opportunity to live with Biechler and Trainor, he quickly jumped on the offer.

How is the living situation? According to all the men, it couldn't be better. "Nate's been teaching me for over a year," Biechler said. "We're all laid back and like to do the same stuff."

Neuendorf has to agree. "We're just three dudes hanging out. We're no different than anyone else."

But they are different; they see things that most others cannot.

"Nate is no different than you or me," Biechler said. "Just the other day I couldn't figure out why I couldn't get Nate's computer to turn on in the living room. I tried the TV and the lamp and couldn't figure it out. Nate reached up and flicked on the light that controls all the electricity in the living room."

But Biechler isn't the only one learning. On Feb. 4, Neuendorf and Trainor made a trip to Chicago to a facilitated communication conference. Trainor, who is unable to speak or write, received one-on-one assistance and soon began typing sentences on a special computer-keyboard called Intellikeys. The words, "Want to start reading, need buy books, important talking, always thinking" appeared on the screen. This brought tears to the eyes of Neuendorf, Trainor's mom, and those who also accompanied the group.

"It was unbelievable," said Neuendorf. "Some people aren't aware of his intelligence. What he lacks is physical ability—not mental."

Courtesy photo

ONE FAMILY—Chris Biechler, Nathan Trainor and Nick Neuendorf hang out with their dog Rocky.

The gentlemen living together learn from each other every day, and every day presents a new change that seems to better them. For this trio of young men and one big bulldog, neither their home nor their lives could get any sweeter.

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Saying Farewell

Roland Ferrie/Trumpe

Goodbye to Knights Gymnasium after 57 years

By JESSICA NYSTEL
Staff Writer

There are nearly six decades worth of memories in Knights Gymasium. Memories of concerts by Arthur Fiedler and the Boston Pops. Charlie Pichelmeyer and Walt Raney sweeping the floors during halftime at the basketball games. Mandatory Tuesday and Thursday morning convocations. Sweet Georgia Brown and the "Levick Snake Pit."

As with most good things, the era of Knights Gym will come to an end after the women's and men's basketball game Saturday. The gym and PEC will be torn down to make room for the new Wellness Center. Although most students today know Knights Gym only as an athletic center, the gym at one time was not only the college's athletic center but also the band room, music concert hall, and Artist Series, convocation, registration and Christmas with Wartburg center.

John Kurtt '53, former athletic director, was on the first basketball team to play in Knights Gym in 1949. Before the gym was built the team played at what is now the junior high. "I was a freshman that year, and the first game was advertised in the Waverly paper as a triple-header," he said. "Waverly played the sophomore game and the varsity game against West Waterloo. Then Wartburg played the Waterloo Hawks, an NBA team."

Wartburg later played the first collegiate basketball game against Bethel of St. Paul. Admission to the game was 74 cents for main floor seats and 60 cents for balcony.

The gym was also the site for some memorable Artist Series event. Nancy Anderson '58, professor emeritus of physical education, remembers one Artist Series events that brought the Black Hills Passion Play.

"They had camels, and they kept them in the Cotta House garage," she said. "They brought them in and walked them across the stage, and they turned around and walked them out.... The Artist Series were always just packed. At that time there was really no place between Omaha and Chicago [to see shows] because Hancher hadn't been built yet."

Some of the first memories about Wartburg for Jan Striepe '59 involve Knights Gym. Striepe recalls tables set up in the gym so faculty could help students set up their class schedules. The gym was also the scene for initiation exercises.

"The Friday night of the first week of school [the sophomores] took all the women to the gym for what they called 'amalgamation,' which was nothing more than callisthenics," Striepe said. "It was there I met one of my best friends, so it all was not in vain."

Photos courtesy of Archives

BUILDING OF A TRADITION—(Above) Knights Gymnasium and the PEC are shown in the process of being built. It was dedicated on May 26, 1949. (Top) Knights Gymnasium as it stands today. The last basketball game will be played on Saturday.

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A DECADE OF MEMORIES—(Top Left) An ad for the grand opening of Knights Gym in May of 1949. (Above) Henry James plays in a pops concert in 1959.

When the student body was small enough to all fit on one side of the gym, there were mandatory convocations held in the gym each Tuesday and Thursday morning. Convocations ranged from worship services to "Ask Dr. Becker" sessions. Each student had an assigned seat, and attendance was taken. Although Kurtt said the convocations "lent [themselves] to a lot of unity" among the student body, Anderson and Striepe both enjoyed being attendance checkers and missing convocation to record the absences.

The years 1965 to 1993 are known as the "Levick Era," after men's basketball coach Lewis "Buzz" Levick. Levick taught the players an intricate warm-up for the games.

"People thought the warm-ups were flashy, so the pep band started playing 'Sweet Georgia Brown,'" Levick said.

According to information literacy librarian Randall Schroeder '82, the crowd went wild for what unofficially became known as the "Levick Weave."

"When coach Levick first started doing [the warm-ups], the other teams would stop their warm-ups and stand there with their mouths open at the way Wartburg could handle the ball," he said.

"Our team was the best, our pep band was the best and we had great cheerleaders and yell leaders," Striepe said. "It was an intimidating place for opponents to play."

Levick remembered a time in 1967 when officials had to close the doors at 5:45 p.m. for a 7:30 game against Luther because there were so many people packed into the gym.

"It was a very close game," Levick said. "It propelled the interest in basketball at Wartburg. The student body was very much in awe at that time."

Schroeder remembers a 1992 women's basketball tournament during the NCAA playoffs that showed an unusual sight at Knights Gym.

"Wartburg fans got there early so they could get a seat, so they were there for the Luther game," he said. "Luther won that game, so the Luther fans stayed to see the winner of the following game so they knew who they were going to play on Saturday. What is memorable about that is during the Luther game the Wartburg fans cheered for the Norse, and then during the Wartburg game later that evening Luther fans cheered for the Knights."

Although there are many happy memories of Knights Gym, there are not enough to overcome construction problems that are hurting the gym.

"They cut a lot of corners when they built because materials in those days were inferior," Kurtt said.

Until a new roof was put on in the 1970s, tar would drip onto the gym floor when it became too hot. The new facility could provide a better roof, floor and seating.

"It was a good gym in its time and served its purpose," Levick said. "It is probably time now for it to move on."

Schroeder said he recognizes the need for the gym to be knocked down, but he also said the next few weeks will be tough because the gym holds special memories for his family.

"I think the day the wrecking ball goes to it, I'll just make sure I'm at the other end of campus so I don't have to watch," he said.

E-mail Jessica.Nystel at Jessica.Nystel@wartburg.edu

Family business

Millers work to regain national title

By NICK PETAROS
Managing Editor

During his tenure at Wartburg College, Coach Jim Miller has received national recognition for coaching good wrestlers and making them great. He has been a father-like figure for several of the nation's top Div. III wrestlers over the past 15 years. No one is more familiar with this than Miller's latest success story, his son T.J.

Thursday, the nation's No. 1-ranked 197-pound Wartburg sophomore T.J. Miller will take his 26-2 record into the IIAC tournament, hoping to move closer to his first NCAA Div. III individual and team title.

Wrestling has always played a role in the Miller household. T.J. grew up watching his dad coach and his older brothers wrestle for the local high school.

One of T.J.'s first memories of collegiate wrestling was as a seven-year-old watching his dad coach Wartburg to its first conference title in 14 years. Since then, Wartburg wrestling has won the conference 13 consecutive years.

"I've been coming up here and watching practices ever since I was little," T.J. said. "I'd come up and be involved with wrestlers like Jamal Fox [1996 national champion]. And I've always had heroes, leaders and role models in my life that have been on the wrestling teams in the past. It's just really easy to get involved in the sport when you have so many good people around you."

Since kindergarten, T.J. has enjoyed Wartburg's atmosphere. In addition to stopping by wrestling practices, T.J. recalls time he spent Rollerblading on campus and participating in his dad's outdoor recreation classes, along with attending the summer wrestling camp starting in fourth grade.

Coach Miller wanted to make sure that wrestling was never something he forced on his son. T.J. didn't start wrestling competitively until sixth grade.

"I really didn't want him to get too involved," Coach Miller said. "There was a lot of pressure on him and there probably always has been somewhat."

T.J.'s high school wrestling career at Cedar Falls got off to a slow start as he wrestled JV his freshman year at 119 lbs. As a sophomore he hit a growth spurt and finished the year wrestling varsity at 145. During his junior and senior years, T.J. battled injuries to finish fourth and sixth in the Iowa state meet.

Prior to college, Coach Miller worked through intermediaries to give his son wrestling advice.

"Since he didn't like to listen to me, I'd tell his coach and then he'd come home and tell me what his coach told him. So it came full circle," Coach Miller said.

Upon graduation, Wartburg was the school T.J. always wanted to attend. While Coach Miller feared his son might get tired of seeing him around campus everyday, the two crossed paths at the right time one Saturday in the PEC.

T.J. was working the PEC information desk when Coach Miller went into the athletic office and put a hard candy into his mouth before jumping down the steps on the way out. As he jumped down the steps, the candy got lodged in his throat.

"I went to the drinking fountain and I couldn't breathe," Coach Miller said. "The only one there was T.J., and he was the one guy who would probably think I was kidding."

T.J. had to give his dad the Heimlich to dislodge the candy.

During his first season at Wartburg, T.J. developed through the tough competition he received from national champion Ryan Sturm, who wrestled ahead of him at 184, and the other national elite in the room.

This year T.J. has emerged as one of the premier wrestlers in the nation, placing Wartburg atop the 197-pound weight class ranking previously occupied by two-time national champion Akeem Carter, who dropped down to 184.

Coach Miller, a standout collegiate wrestler, compiled two NCAA Div. II wrestling titles and was a two-time NCAA Div. I All-American. He sees no resemblance between his wrestling style and T.J.'s.

"He's a totally different size and he wrestles a totally different style," Coach Miller said. "He takes a lot more risks than I ever did. He turns almost everybody to his back and I hardly ever did."

While the similarities in style within the ring may not be hereditary, both Millers share the same desire for domination.

"We had banner day where we look at all the banners and coach sits there and talks about past teams and we were walking back and all I could think about was beating the team that broke the record [for points in a national tournament]," T.J. said. "I think that'd be a good goal to have. I don't see why couldn't we and why we shouldn't try. Our goal has always been to win a national title, but why not do it in dramatic fashion? Why not dominate?"

Eva Serstand/TRUMPET

E-mail Nick Petaros at Nicholas.Petaros@wartburg.edu

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Matmen finish season undefeated

By RICHARD PODHAJSKY
Sports Editor

The Wartburg wrestling team finished off an undefeated dual season with a 33-9 pounding of Buena Vista Tuesday. The victory tied the school record for most dual wins in a season.

Despite resting several regulars in the lineup, the Knights won eight of the 10 matches, including the last five in a row. Head coach Jim Miller is using the extended rest before the postseason to get all the wrestlers at their best.

"I think right now [the break] is a nice deal," Miller said. "We'll wrestle a couple of days and then give them a break this weekend and then come back. Our practices will probably be shortened up—really short and hard. Just try to get these guys to peak at the right time."

The Knights started their night in Storm Lake with a 6-2 win from freshman Ben McCorriston at 125 pounds and a 12-4 major decision from sophomore Jake Helvey at 133 pounds.

Senior Paul Reedy once again filled in for top-ranked senior Dustin Hinschberger at 141 pounds, dropping a 4-1 decision. Hinschberger, a two-time defending national champion has been bothered by an ankle injury.

"I think he'll be ready to go either Thursday or Friday this week," Miller said. "So he'll be ready to go by Conference."

Second-ranked sophomore 149-pounder Jacob Naig followed with a fall in 1:40 before senior Bob Kuennen lost by fall in 1:04 at 157 pounds.

Wartburg then rattled off five straight wins, including a pin by No. 1-ranked senior 174-pounder Scott Kauffman in 2:20 and a technical fall by top-ranked junior heavyweight Blake Gillis in 6:29.

The record-tying win moved the Knights to 27-0, a fact that was lost on Miller.

"I guess it's really not that important. I think that's only the second time being undefeated in duals since I've been here. That's a lot of dual meets. It obviously gives us some confidence going into the tournaments."

The Knights now get to refocus for the postseason. The main goal is to get all 10 wrestlers to the national tournament again.

"That's really important," Miller said. "It's going to be very hard to get all 10 through the tournament. But that's our plan. That's what our goal has to be. That is one of the key goals that we have: Get as many guys through as we can plus win the championship. Those are the two things that we're trying to get done at the conference meet."

Luke Shanno/SPORTS INFORMATION

BREAKDOWN—Senior Akeem Carter tries to work a half-nelson in his win over Coe's Greg Lalla last week.

But just because Wartburg has won 13 consecutive IIAC tournaments, don't expect them to be overconfident entering the meet.

"Our kids, this is kind of what they've been waiting for," Miller said. "This is what they've been looking for. I think it's going to be really easy to be excited about conference and nationals. We really haven't talked much about it yet. But we're going to talk about it.

"I think our guys are very mature in that regard. I think they were just relieved last night to get the dual meet season over with so we can get going. But what we're really looking toward and pointing toward is obviously the conference and national tournaments."

Wartburg travels to Pella for a 10 a.m. start Thursday to defend its IIAC title.

Hinschberger appears in SI

Hinschberger became the fourth person from Wartburg to be featured in Sports Illustrated's Faces in the Crowd. Hinschberger was nominated after leading the Knights to the National Duals title in January and being named Outstanding Wrestler at the meet. He joins coach Miller, along with former track standouts Missy Buttry and Miradieu Joseph in being given the honor. Buttry is the only Wartburg athlete to appear two different times.

Dustin Hinschberger

E-mail Richard Podhajsky at Richard.Podhajsky@wartburg.edu

Women fall to Loras; tourney hopes in doubt

AROUND THE HORN—Junior Jess Kugler passes to a teammate in Tuesday's game against Loras.

Luke Shanno/ SPORTS INFORMATION

By ABBY SHOWALTER
Sports Writer

The women's basketball team continued to plow through a tough conference schedule but fell short again to the Loras Duhawks Tuesday.

The contest was neck and neck the whole way, but the Knights couldn't overcome the Duhawks 52 percent shooting for the game.

Sophomore LaToshia Burrell had a breakout game, scoring 17 points. Sophomore Megan Hendricks added 15 points and sophomore Elizabeth Campbell contributed 13 points and 10 rebounds to rack up her sixth double-double for the team.

Wartburg dug itself a 12-4 hole early, but rebounded and only trailed by five at halftime.

The Knights started the second half with all the momentum and tied the score just two minutes in. The game went on to be tied seven times throughout, before Loras eventually pulled out an 80-71 victory.

Burrell scored 10 of her 17 points in the last five minutes of the game, including two 3-pointers to keep the Knights within distance of the Duhawks down the stretch. Loras made 15 of 17 free throws in the final three minutes to ensure the win.

"I'm very proud of the team," interim head coach Kathy Franken said. "There weren't any bad stretches, and we played for 40 [minutes]."

Burrell was also pleased with the Knights efforts.

"We had fun for the full game," Burrell said.

Franken was impressed with Burrell's performance and composure during the game.

"Toshia hit big baskets down the stretch to keep us in the game," Franken said.

The team still remains optimistic about its chances to qualify for the conference tournament even though it fell to 3-11 in the IIAC and dropped to last place in the standings.

Four IIAC teams, Simpson, Luther, Buena Vista and Loras, have clinched spots for the tournament, leaving only two remaining berths.

"We should be doing a lot better in the conference, but it's still our goal to make it to the tourney," Burrell said.

Franken isn't worried about a lack of effort for the rest of the season.

"Motivation isn't a problem for us; the girls are competitive and we've had some of the best practices the last couple of weeks," Franken said.

"The team is very cohesive," Burrell said. "There is a lot of encouragement that comes from everyone on our team. When we're all together, we can make it happen."

Wednesday, Wartburg takes on Buena Vista at Storm Lake for a 6 p.m. game. The last game in Knights Gym will be Saturday at 2 p.m. against Cornell.

E-mail Abby Showalter at Abby.Showalter@wartburg.edu

Men's Tennis Results

Wartburg vs. Graceland at Pella
Graceland 7, Wartburg 0

Singles Competition
Brett Wait (GRA) def. Gerhard Asiedu-Ofei (WAR) 6-4, 6-4
Thomas Brodbeck (GRA) def. Tylor Schlader (WAR) 7-5, 6-1
Luis Miguel Rodriguez (GRA) def. Mitch Coffman (WAR) 6-2, 6-1
Carlos Cordova (GRA) def. Nick Petaros (WAR) 6-1, 6-0
Juan Carlos (GRA) def. Josiah Brandt (WAR) 6-3, 6-2
Filipe Valle Costa (GRA) def. Pat Mullen (WAR) 6-0, 6-2

Doubles Competition
Brett Wait/Ricardo Lau (GRA) def. Gerhard Asiedu-Ofei/Mitch Coffman (WAR) 8-2
Jose Alaniz/Juan Carlos (GRA) def. Josiah Brandt/Tylor Schlader (WAR) 8-2
Luis Miguel Rodriguez/Thomas Brodbeck (GRA) def. Nick Petaros/Nick Wuertz (WAR) 8-0

Wartburg at Central
Central 7, Wartburg 0

Singles Competition
Nick Cochrane (CEN) def. Gerhard Asiedu-Ofei (WAR) 6-2, 6-0
Jared Feddersen (CEN) def. Tylor Schlader (WAR) 6-1, 6-1
Ryan Dierks (CEN) def. Mitch Coffman (WAR) 6-1, 6-0
David Brondyke (CEN) def. Nick Wuertz (WAR) 6-2, 7-6
Kris Walters (CEN) def. Nick Petaros (WAR) 6-1, 6-1
Chris Bliss (CEN) def. Josiah Brandt (WAR) 6-1, 6-3

Doubles Competition
Nick Cochrane/Ryan Dierks (CEN) def. Gerhard Asiedu-Ofei/John Barnes (WAR) 8-4
David Brondyke/Jared Feddersen (CEN) def. Tylor Schlader/Pat Mullen (WAR) 8-3
Chris Bliss/Kris Walters (CEN) def. Nick Wuertz/Nick Petaros (WAR) 8-1

WARTBURG TRUMPET

SPORTS

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February 13, 2006

First place formula

Two Coe losses + Win over Loras = IIAC lead

By AARON HAGEN
Assistant Sports Editor

The Wartburg men's basketball team bounced back from a two-game losing streak with a home win against Loras Tuesday night. Loras defeated Wartburg in the first meeting, but the Knights were able to protect their home court with a 10-point win.

"It was really a must-win situation coming back home after being on the road last week and having a couple of losses," head coach Dick Peth said. "Our guys responded extremely well."

The Duhawks did not make life easy on Wartburg throughout the entire game. Freshman Danny Stark scored the first points in the game, but the Knights trailed for the next eight minutes. Not until a 3-point shot by senior Rance Cartmill did Wartburg take back the lead.

It took a 3-pointer by sophomore Lee Nelson a minute later to give the Knights the lead for good. At the half, Wartburg led 35-28.

Loras started the second half on a 7-2 run to cut the deficit to two points. While Wartburg never trailed, Loras would not go quietly.

Senior Jason Steege's 3-pointer with three-and-a-half minutes left in the game pushed the Knight's lead to 13, the biggest lead by either team all game. Loras scored twice in the last minute, but Wartburg went on to a 77-67 win.

"I thought we did a great job on the defensive end," Peth said. "I thought both teams did; especially early in the game, baskets were hard to come by. Offensively I thought we did a much better job of showing our experience and playing with a lot more patience than we did at Coe and at Luther."

"I think we played well," Stark said. "The focus the past couple of days has been to bring it together and put in hard work. We haven't had a two-game losing streak this whole season, so that was hard. We just felt like we needed a win to get back on track."

In a game where all 10 players that saw action scored, Steege led all Wartburg scorers with 17 points, including 14 in the second half. His career point total is now 1,406, tying him for fourth all-time.

"One thing our coach said after the game was that it was a team effort," Stark said. "I think we came out tonight and we really wanted to hustle, and I think that's the main thing that's the difference from last time."

With the win, the Knights are now 18-4 overall and 11-3 in the IIAC. They still sit atop the IIAC with a chance to play the conference tournament at home, where Wartburg is 9-1.

Wartburg travels to Buena Vista at 4 p.m. Wednesday before coming home to face Cornell at 8 p.m. Saturday.

E-mail Aaron Hagen at Aaron.Hagen@wartburg.edu

Roland Ferrie/TRUMPET

POST PRODUCTION—Senior Nate Schmidt slaps the board for two of his nine points.

Runners enjoy big days

By ADAM HARRINGA
Sports Writer

The men's and women's track and field teams, competing at the Warhawk Classic in Whitewater, Wis., had their best overall performance of the year. The women alone had seven national provisionally qualifying performances, bringing their total number of qualifiers to 10.

Sophomore Jessica Bates turned in the top performance for the women in the shot put and the weight throw. Her throw of 13.04 meters in the shot bettered her former provisional toss. In the weight throw, she provisionally qualified for the first time, placing fourth with a 15.97 meter throw.

"Everything just kind of clicked," Bates said. "It felt good to finally have some big throws."

Also qualifying for the first time in the weight throw was junior Maggie McGrew, placing fifth. Her throw of 14.93 meters was a season best by more than a meter.

"Maggie was awesome," Bates said. "I was really pumped to see her throw like that."

Also turning in a big performance for the women was junior Lucy Joseph in the 55-meter hurdles, winning in a time of 8.43 and breaking her own school record for the second straight week.

Junior Steph Arey became the second Knight along with junior Bridget Burns to provisionally qualify in the 400, running a 58.55 and placing third. Arey was also a member of the 4x400 qualifying team. Their season-best time of 3:56.70 was .01 seconds from automatically qualifying.

For the men's team, senior Josh Hauser became the first 400 runner to provisionally qualify. Hauser easily won his race with a season-best 49.45.

The men's 4x400 team of Hauser, junior Scott Tjeerdsma, sophomore Derek Stephens and junior Jason Crosser also provisionally qualified. Their winning effort of 3:20.98 was .5 seconds off last week's time.

Roland Ferrie/TRUMPET

QUALIFIER—Junior Amy Koester is part of the 4x400 qualifying team.

Next week, the Knights travel to Iowa City for the Iowa Invitational.

E-mail Adam Harringa at Adam.Harringa@wartburg.edu

Rich Rites

FOOTBALL'S OVER! NOW WHAT?

It's been a rough week for me. No, I didn't make any large wagers on the Seahawks. However, my problem does have a Super Bowl tie.

Actually, it's gotten to the point that there is something I feel I have to do.

Hi. My name is Richard and I'm addicted to football.

There. I've said it. Boy, what a relief it is to get that off my chest. The only problem is now I have to find a cure.

Richard Podhajsky
Sports Editor

Super Bowl XL has come and gone and left a huge void in my life. What do I do now?

With a little help from my support group at FFA (Football Freaks Anonymous), here is a list of things to keep one's mind off the lack of football:

Join the debate. No, this doesn't have anything to do with politics or being able to speak well. The debate is, is it Turin or Torino? Just because there is no football at the Olympics doesn't mean you can't find something to keep yourself interested. And, if your debate dies down, you could even turn on the TV and catch an exciting luge competition.

Gather your winnings from your fantasy football league (which hopefully for your sake was in no way connected to Rick Tocchet) and support the wrestling team at the national tournament March 3 and 4. It's the start of winter break, in Ewing, N.J. (nicely situated between New York and Philly), and a great time to see good college wrestling, especially from your very own No. 1-ranked Wartburg Knights. What else does a person need to forget the football off-season blues?

Volunteer your time. This one should actually fit into your schedule pretty well. Unified Sports Day is Saturday from 9 a.m until 2 p.m., amazingly the same amount of time it takes to watch College Gameday and an 11 a.m. Iowa football game. What better way is there to forget that Iowa's season is nearly seven months away?

Speaking of volunteering, why not fill out an application to be head coach of the Oakland Raiders? I know, I know, Al Davis already handed the reins to Art Shell...again. But don't let that get you down. The way things have been going in the Black Hole, that opening should be around in another two years.

And speaking of coaching vacancies, you could always fill your time by traveling south and heading the now coach-less Tigers basketball team. Following the resignation of disappointing golden boy Quin Snyder, Missouri now can turn its attention to firing Gary Pinkel. Somehow, Missouri has made the Ozarks the normal part of the state.

And, for all of those baseball fans out there, you can always fall back on watching the Cubs for a few months. I mean, they can't possibly be mathematically eliminated until at least August. And after going through that much misery, you should be totally ready to re-enlist in Football Freaks Anonymous.

E-mail Richard Podhajsky at Richard.Podhajsky@wartburg.edu